

## Long Term Plan

### Intent: Me, My Life and My World

	Transition	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2						
EYFS	During the first few weeks in September, children will take part in the ' Protective Behaviours' Unit of work. This explores the theme of ' feeling good and feeling safe' . Protective Behaviours is based on two key messages: We all have the right to feel safe all of the time, We can talk with someone about anything, even if it feels awful or small.	In EYFS, the children will explore a range of topics, opportunities and activities to enable them to meet the Early Learning Goal for Personal, Social and Emotional Development. These are broken into three themes: making relationships, self-confidence and managing feelings and behaviour. Throughout the Year, the children will also take part in 'Protective Behaviours' usually in the Autumn Term, which is revisited when necessary. In addition to this, children will access materials from the CW Project on caring friendships, being kind and families, staying healthy, medicines and people who can help us. Children will explore 6 key themes linked to books from the Programme 'No Outsiders in Our School'.											
Year 1		No Outsiders	What is the same and different about us?	No Outsiders	Who is special to us?	No Outsiders	What helps us stay healthy?	No Outsiders	What can we do with money?	No Outsiders	Who helps to keep us safe?	No Outsiders	How can we look after each other and the world?
Year 2		No Outsiders	What makes a good friend? What are the differences between males and females?	No Outsiders	What is bullying?	No Outsiders	What jobs do people do?	No Outsiders	What helps us to stay safe?	No Outsiders	What helps us grow and stay healthy?	No Outsiders	How do we recognise our feelings?
Year 3		No Outsiders	How can we be a good friend?	No Outsiders	What keeps us safe?	No Outsiders	What are families like? Why is it good to be different?	No Outsiders	What makes a community?	No Outsiders	Why should we eat well and look after our teeth?	No Outsiders	Why should we keep active and well?
Year 4		No Outsiders	What strengths, skills and interests do we have?	No Outsiders	How do we treat each other with respect?	No Outsiders	How can we manage our feelings?	No Outsiders	How will we grow and change?	No Outsiders	How can our choices make a difference to others and the environment?	No Outsiders	How can we manage risk in different places?
Year 5		No Outsiders	What makes up a person's identity?	No Outsiders	What decisions can people make with money?	No Outsiders	How can we help in an accident or emergency?	No Outsiders	How can friends communicate safely?	No Outsiders	How can drugs common to everyday life affect health?	No Outsiders	What jobs would we like?

								How will my body change as I grow?				
Year 6		No Outsiders	How can we keep healthy as we grow?	No Outsiders	No Outsiders	How can media influence people?	No Outsiders	No Outsiders	What will change as we become more independent? How do friendships change as we grow?	No Outsiders		
Resource Base	<p>Resource Base children will access some of their PSHE lessons within their mainstream classrooms. They will also receive tailored and specific PSHE lessons from within the work that they do during their time in the Resource Base including Protective Behaviours. The PSHE Association Planning Framework for SEND pupils will be used to plan small group or individual sessions. The Planning Framework is organised into six themes:</p> <ol style="list-style-type: none"> <li><b>1. Self-Awareness</b> (Me, who I am, my likes, dislikes, strengths and interests)</li> <li><b>2. Self-care, Support and Safety</b> (Looking after myself and keeping safe; aspects of Relationships and Sex Education.)</li> <li><b>3. Managing Feelings</b> (Understanding feelings, and that how I feel and how others feel affects choices and behaviour; aspects of Relationships and Sex Education)</li> <li><b>4. Changing and Growing</b> (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education)</li> <li><b>5. Healthy Lifestyles</b> (Being and keeping healthy, physically and mentally)</li> <li><b>6. The World I Live In</b> (Living confidently in the wider world)</li> </ol> <p>Staff within the Resource Base will assess a child's needs and carefully plan sessions to cater for their needs accordingly.</p> <p>Children will explore 6 key themes linked to books from the Programme 'No Outsiders in Our School'.</p>											