

# ALDERMAN 'S GREEN PRIMARY SCHOOL – PROGRESS MODEL – PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT

Area	Reception Expectations	Nursery Expectations	Pre-Nursery Expectations
Self-Regulation	<p>Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly.</p> <p>Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.</p> <p>Give focussed attention to what the teacher says, responding appropriately even when engaged in activity and show an ability to follow instructions involving several ideas or actions.</p>	<p>Begin to understand how others might be feeling.</p> <p>Help to find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</p>	<p>Be increasingly able to talk about and manage their emotions.</p>
	<p>Be confident to try new activities and show independence, resilience, and perseverance in the face of challenge.</p> <p>Explain the reasons for rules, know right from wrong and try to behave accordingly</p> <p>Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices</p>	<p>Do not always need an adult to remind them of a rule.</p> <p>Develop appropriate ways of being assertive.</p>	<p>Begin to show 'effortful control'. For example, waiting for a turn and resisting the strong impulse to grab what they want or push their way to the front.</p>
Building Relationships	<p>Work and play cooperatively and take turns with others</p> <p>Form positive attachments to adults and friendships with peers</p> <p>Show sensitivity to their own and to others' needs.</p>	<p>Become more outgoing with unfamiliar people, in the safe context of their setting.</p> <p>Talk to others to solve conflicts.</p>	<p>Develop friendships with other children.</p> <p>Notice and ask questions about differences such as skin colour, types of hair, gender, special needs and disabilities and so on</p>

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