

Medium Term Plan Year 6

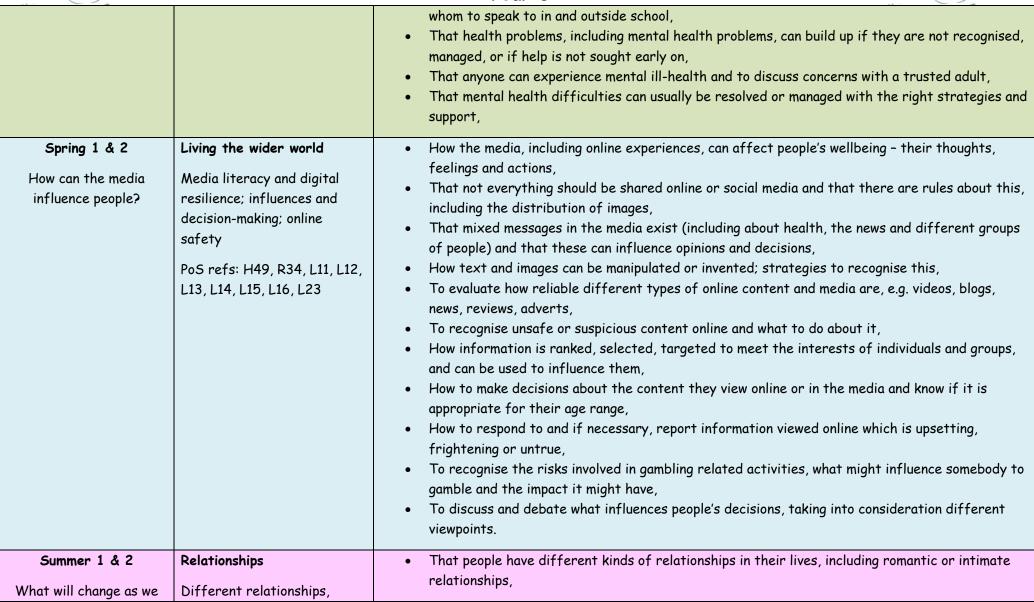


Half Term/Key Question	Торіс	In this unit of work, pupils will learn		
Transition	Protective Behaviours	 During the first few weeks in September, children will take part in the 'Protective Behaviours' Unit of work. This explores the theme of 'feeling good and feeling safe'. Protective Behaviours is based on two key messages: We all have the right to feel safe all of the time, We can talk with someone about anything, even if it feels awful or small. 		
Autumn 1 & 2 How can we keep healthy as we grow?	Health and wellbeing Looking after ourselves; growing up; becoming independent; taking more responsibility PoS refs: H1, H2, H3, H4, H5, H6, H7, H8, H11, H12, H13, H14, H15, H16, H21, H22, H40, H46, R10	 How mental and physical health are linked, How positive friendships and being involved in activities such as clubs and community groups support wellbeing, How to make choices that support a healthy, balanced lifestyle including: how to plan a healthy meal, how to stay physically active, how to benefit from and stay safe in the sun, how and why to balance time spent online with other activities how sleep contributes to a healthy lifestyle; the effects of poor sleep; strategies that support good quality sleep how to manage the influence of friends and family on health choices That habits can be healthy or unhealthy; strategies to help change or break an unhealthy habit or take up a new healthy one, How legal and illegal drugs (legal and illegal) can affect health and how to manage situations involving them including cannabis and VSA, How to recognise early signs of physical or mental ill-health and what to do about this, including 		

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become more independent? How do friendships change as we grow?	changing and growing, adulthood, independence, moving to secondary school PoS refs: H24, H30, H33, H34, H35, H36, R2, R3, R4, R5, R6, R16	 That people who are attracted to and love each other can be of any g the way couples care for one another that adults can choose to be parrelationship or not, including marriage or civil partnership, That marriage should be wanted equally by both people and that force against their will is a crime, How puberty relates to growing from childhood to adulthood, About the reproductive organs and process - how babies are conceive need to be cared for, That there are ways to prevent a baby being made, How growing up and becoming more independent comes with increased responsibilities, How friendships may change as they grow and how to manage this How to manage change, including moving to secondary school; how to a seek further information and advice regarding growing up and changing 	rt of a committed ing someone to marry ad and born and how they d opportunities and ask for support or where to